# ACTS OF <br> KINDNESS 

FEB. 12-18 IS RANDOM ACTS OF KINDNESS WEEK

| SMILE at 10 people |  | ASK <br> someone about their day |
| :---: | :---: | :---: |
| BAKE <br> cookies for someone | SAY HELLO to a stranger | COMPLIMENT <br> 7 people |
| BRING <br> someone coffee or tea |  | HUG <br> 5 people |
| CLEAN <br> up someone else's mess | WRITE <br> a thank you note | SMILE <br> at 10 more people |

