## ACTS OF KINDNESS

FEB. 12-18 IS RANDOM ACTS OF KINDNESS WEEK

| SMILE <br> at 10 people |  | ASK <br> someone about their day |
| :---: | :---: | :---: |
| WRITE <br> a love letter | SAY HELLO <br> to someone new | COMPLIMENT <br> 7 people |
| CREATE your own |  | HUG <br> 5 people |
| CLEAN <br> up someone <br> else's mess | WRITE <br> a thank you note | SMILE <br> at 10 more people |

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